#### THE ART OF GROWING FOOD



**Welcome to The Art of Growing Food** design class. In this class you will learn my six steps to successful design, starting with an overview of your landscape, all the way to transferring the design from paper to soil.

This is a six-week series, taught on a virtual platform. Each week, we will cover technique, and I'll give you worksheets and templates to keep your own designs flowing. My goal is to simplify the process of growing beautiful food, to give you the skills and techniques to design a kitchen garden that fits your landscape.

We will focus on elements that will make your design more elegant and enjoyable, while simplifying your efforts. On the virtual platform, you will have the opportunity to share with other gardeners, and swap ideas and resources. This is a six-week series, to take you step by step into the Art of Growing Food. By the time you are ready to plant your garden, you will feel like an expert!

**Class Includes:** 

- 12 hours of instruction.
- Online virtual platform with recorded videos
- Class discussion and sharing
- Materials packet with templates
- Worksheets and resources.

#### Cost for six-week series: \$249. Sign up here.

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### Here's the schedule:

- January 22 Overview: The Art of Growing Food
- January 29 Start with a Plan. Big Picture. Small Garden
- February 5 Elements of Style: Beds, Paths & Bench
- February 12 Comfort: Focal Point, Art and Whimsy
- February 19 Seeds: Selection, Starting, Saving
- February 26 Final Sharing: From Paper to Garden

### Saturday, January 22nd: Overview: Art of Growing

 Take a look at the six steps to classic design, which we will cover in each successive class. I'll share my five-year plan, to inspire you to take a closer look at how everything fits together: garden beds, paths, gates, fences and focal points.

## Saturday, January 29th: Big Picture. Small Picture

 We'll start by drawing the overview of your landscape, then fine tuning to where you site your garden. If you already have a garden in place, draw out your big picture and then look at how your landscape connects as a whole.

## Saturday, February 5th: Elements of Style: Beds, Paths & Bench

 Your own personality dictates how your garden will ultimately look, and it starts by choosing the right style of beds, paths and why having a garden bench is key to making sure you enjoy your time in the garden.

### Saturday, February 12th: Comfort: Focal Point, Art and Whimsy

• Your kitchen garden is more than a place to grow food. Creating a sanctuary to connect to the food you grow and to nature is at the heart of the kitchen garden, while adding elements that turn work into play will increase your enjoyment.

### Saturday, February 19<sup>th</sup>:

Seeds: Selection, Starting, Saving

• With your garden as a blank canvas, what will you grow? I'll walk you through making a wish list, then editing it back to essentials. You'll learn my methods for sorting and starting seeds, plus how to build healthy soil. You'll learn my methods for starting and saving seed.

Saturday, February 26<sup>th</sup>: Paper to Soil

 Our final class, we'll sharing our designs, and I'll show you how to take your garden design from paper to the garden. A short primer on garden tools, including keeping a garden journal, and other ways to keep growing your beautiful kitchen garden.

# FAQ's

**The Art of Growing Food** workshop is about designing a vegetable garden to give it European kitchen garden flair. Working with templates from my books, and my six steps to success participants will learn the principles of how classic design elements with practical tools for growing the most flavorful food.

### What's the format?

The Art of Growing Food class is a virtual class, taught on zoom with a platform for sharing with other students and resources. There are weekly assignments to keep students organized and moving forward with their personalized designs. Class is taught combining a lecture format with photos to show the many design possibilities, with hands-on working sessions and sharing on the virtual platform in small groups. Each class will look at specific design challenges, and develop solutions for individual landscapes.

### What will the participants learn?

We review design, how to read a seed catalog, and organic garden principles for healthy soil. With a focus on growing food, participants will increase their understanding of what they can do to transform an ordinary vegetable garden into something extraordinary. The goal is to simplify and engage all of the senses and to elevate their garden into more than just a place to grow food.

#### Is the workshop appropriate for new gardeners?

This workshop is ideal for new gardeners, and also experienced gardeners. We will cover the basics such as how to design on paper using graph paper, rulers and tracing paper to draw the design. Then we take it from paper to actual garden – if it is spring or summer this means going outside with stakes and twine. Experienced gardeners will get to see their garden with fresh eyes, and make changes that add to their enjoyment.

### Cost for six-week series: \$249. Sign up here.

A full design packet with templates and class materials will be sent to students at time of registration.